

**That Which is Claimed:**

1. A self-foaming, foam-like, after-foaming or foamable cosmetic or  
5 dermatological preparation comprising at least one compound that is solid or semi-solid  
at room temperature selected from the group consisting of waxes and lipids.
2. The preparation as claimed in claim 1, wherein the at least one compound  
is present in an amount from 0.05 to 10% by weight, based on the total weight of the  
10 preparation.
3. The preparation as claimed in claim 1, wherein the at least one compound  
is present in an amount from 0.1 to 5% by weight, based on the total weight of the  
preparation.
4. The preparation as claimed in claim 1, further comprising one or more  
gases in an amount from 10 to 80% by volume, based on the total volume of the  
preparation.
- 20 5. The preparation as claimed in claim 1, wherein the preparation includes  
carbon dioxide.
6. The preparation as claimed in claim 1, further comprising one or more  
moisturizers.
- 25 7. The preparation as claimed in claim 1, wherein the at least one compound  
includes at least one vegetable wax.

8. The preparation as claimed in claim 7, wherein the vegetable wax is selected from the group consisting of shea butter and cocoa butter.

9. The preparation as claimed in claim 1, wherein the at least one compound 5 includes at least one animal wax.

10. The preparation as claimed in claim 1, wherein the at least one compound includes at least one mineral wax.

10 11. The preparation as claimed in claim 1, wherein the at least one compound includes at least one chemically modified or synthetic wax.

12. The preparation as claimed in claim 1, wherein the at least one compound includes at least one ester wax, glycol ester or glyceride.

15 13. The preparation as claimed in claim 1, wherein the at least one compound includes at least one paraffin wax.

20 14. The preparation as claimed in claim 1, wherein the at least one compound includes at least one lipid selected from the group consisting of solid and semi-solid paraffin hydrocarbons.

25 15. The preparation as claimed in claim 1, wherein the at least one compound includes at least one lipid selected from the group consisting of synthetic and semi-synthetic lipids.

16. A skincare or hair care method, comprising applying to the skin or hair a self-foaming, foam-like, after-foaming or foamable cosmetic or dermatological

preparation comprising at least one compound that is solid or semi-solid at room temperature selected from the group consisting of waxes and lipids.

17. The method as claimed in claim 16, wherein the at least one compound is  
5 present in an amount from 0.05 to 10% by weight, based on the total weight of the  
preparation.

18. The method as claimed in claim 16, wherein the at least one compound is  
present in an amount from 0.1 to 5% by weight, based on the total weight of the  
10 preparation.

19. The method as claimed in claim 16, wherein the at least one compound  
includes at least one vegetable wax.

15 20. The method as claimed in claim 19, wherein the vegetable wax is selected  
from the group consisting of shea butter and cocoa butter.

21. The method as claimed in claim 16, wherein the at least one compound  
includes at least one lipid selected from the group consisting of solid and semi-solid  
20 paraffin hydrocarbons.

22. The method as claimed in claim 16, wherein the at least one compound  
includes at least one lipid selected from the group consisting of synthetic and semi-  
synthetic lipids.

25 23. A method for boosting the foam of self-foaming, foam-like, after-foaming  
or foamable cosmetic or dermatological preparation comprising the step of adding to  
the preparation at least one compound that is solid or semi-solid at room temperature  
selected from the group consisting of waxes and lipids.

24. The method as claimed in claim 23, wherein the at least one compound is present in an amount from 0.05 to 10% by weight, based on the total weight of the preparation.

5

25. The method as claimed in claim 23, wherein the at least one compound is present in an amount from 0.1 to 5% by weight, based on the total weight of the preparation.

10 26. The method as claimed in claim 23, wherein the at least one compound includes at least one vegetable wax.

27. The method as claimed in claim 26, wherein the vegetable wax is selected from the group consisting of shea butter and cocoa butter.

15

28. The method as claimed in claim 23, wherein the at least one compound includes at least one lipid selected from the group consisting of solid and semi-solid paraffin hydrocarbons.

20 29. The method as claimed in claim 23, wherein the at least one compound includes at least one lipid selected from the group consisting of synthetic and semi-synthetic lipids.